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| **Ten:Ten – Life to the Full**  **Year Six Overview**  **Username:** Parentsmdp  **Password:** Martin2023 | | | |
| **Term** | **What will the children learn about?** | **Parent Portal Links** | |
| **Advent 1** |  |  | |
| **Advent 2** | **Religious Understanding**  This unit explores the Gospel story of the ‘Calming of the Storm’. Children will consider experiences of change, growth and development, and the trust that they can have in the person of Jesus through times of trial and tribulation. | **Story Sessions – Calming the Storm**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/calming-the-storm/> | |
| **Me, My Body, My Health**  Children will learn that celebrating differences between people is enriching to a community and know that their self-confidence should arise from being loved by God. They will learn about the physical changes that occur during puberty and how they should respect and take care of their bodies, as they are gifts from God. | **Session 1: Gifts and Talents**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/gifts-and-talents/>  **Session 2: Girls’ Bodies**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/girls-bodies/>  **Session 3: Boys’ Bodies**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/boys-bodies/>  **Session 4: Spots and Sleep**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/spots-and-sleep/> | **Vocabulary**  **Similarities, differences, gifts, talents, unique, loved, child of God, accept, self-confidence, value, show off, compare, community, faults, weaknesses, body, hair, growth, spurt, puberty, breasts, buds, nipples, hips, widen, waist, narrows, perspiration, oily skin, genitals, vagina, menstruation, development, self-conscious, embarrassed, changing natural, respect, boundaries, private, voice breaking, penis, erections, ejaculation, semen, urethra, nocturnal emissions, wet dreams, hormones, embarrassed, self-conscious** |
| **Spring 1** | **Emotional Well-Being**  Children will learn about pressures that they may experience from themselves, others and the media. Children will develop ideas on how to build resilience through thankfulness, use simplified CBT techniques to manage their thoughts, feelings and actions and cope with new or difficult feelings such as romance and rage. This unit also covers how children may be affected by what they see online, including sexual images. | **Session 1: Body Image**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/body-image/>  **Session 2: Peculiar Feelings**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/peculiar-feelings/>  **Session 3: Emotional Changes**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/emotional-changes/>  **Session 4: Seeing Stuff Online**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/seeing-stuff-online/> | **Vocabulary**  **Pressure, peer pressure, body image, media, social media, expectations, teasing, banter, bullying, thankfulness, gratitude, resist, build resilience, appropriate, inappropriate, behaviour, actions, feelings, emotions, thoughts, manage, reframe, scared, excited, happy, intense, crush, infatuation, puberty, hormones, mood swings, isolation, loneliness, mental-ill health, Childline, online, good, bad, pornography, addictive, emotional brain, thinking brain, harmless, harmful, truth, love, respect, online-safety** |
| **Pentecost 2** | **Life Cycles**  Children will learn about God’s design for creating new life through a more nuanced understanding of menstruation, fertility, conception, foetal development in the womb and childbirth. An optional session talks about sexual intercourse within the context of marriage being God’s plan for the place of sex within a relationship. Framed within the Christian understanding of eternal life, a further session on death and grief helps pupils to consider and communicate about death in a direct yet gentle way, and consider ways to support themselves and others. | **As the following lessons (sessions 1 and 2) are a part of the Sex Education curriculum, you have the right to ask for your child to be withdrawn. We encourage you to view the content and materials before making a decision.**  **Session 1: Making Babies Part 1**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/making-babies-part-1/>  **Session 2: Making Babies Part 2**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/making-babies-part-2/>  **Session 3: Menstruation**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/menstruation/>  **Session 4: Hope Beyond Death**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/hope-beyond-death/> | **Vocabulary**  **Pregnant, parents, baby, conception, sperm, egg, fallopian tube, womb, uterus, implantation, placenta, umbilical cord, embryo, foetus, vagina, birth, organ development, belly button, marriage, husband, wife, God, commitment, love, sex, sexual intercourse, vagina, penis, erection, ejaculation, period, mensuration, sanitary towel, sanitary products, period hygiene, blood cramps, premenstrual syndrome (PMS), moodiness, bloating, spots, the menstrual cycle, ovaries, womb lining, tissue implantation, fertilisation, calling** |
| **Personal Relationships**  Children will learn about strategies for more complex experiences of relationships and conflict. This unit covers how to respond to spoken and unspoken pressure, the concept of consent and further teaching on how our thoughts and feelings have an impact on how we act. The concept of fairness is introduced. Pupils will consider what bullying, prejudice and discrimination are. | **Session 4: Build Up Others**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/build-others-up/> | |
| **Religious Understanding**  Children will deepen their understanding and appreciation of the three-part community of love, the Trinity, with the endpoint of discussing the Trinity as it might be communicated in a church setting. Children will learn that the Trinity demonstrates the perfect loving community, and we are called to emulate this self-giving and self-sacrificing love in our communities. | **Session 1: The Holy Trinity**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/the-holy-trinity/>  **Session 2: Catholic Social Teaching**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/catholic-social-teaching/> | |
| **Living in the Wider World**  Children will learn about the principles of Catholic Social Teaching from Together For The Common Good, which will help them to fulfil their purpose of making a difference in the world around them. Teaching includes the common good, the human person, social relationships and stewardship. | **Session 1: Reaching Out**  <https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/reaching-out/> | |