

Sex and Relationships Education – YEAR 3

Scheme of Work – Valuing Difference and Keeping Safe

Theme	Learning Intention	Learning Outcomes	Vocabulary	Subject linked to	Thoughts for parents
Family differences.	To explore different types of families and who to go to for help and support.	Understand that all families are different and have different family members. Identify who to go to for help and support.	Stereotypes Gender roles Similar Different Male Female Private parts	PSHE <ul style="list-style-type: none"> To recognise their worth as individuals. To recognise and challenge stereotypes. To recognise the different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable. Be aware of different types of relationship, including marriage and those between friends and families. Where individuals, families and groups can get help and support. RE Listening & sharing Choices	<ul style="list-style-type: none"> Draw a family tree and talk about different relationships. Talk about who they can trust if they are worried about something.
Differences: Male & female.	To explore the differences between males and females and to name the body parts.	Know some differences and similarities between males and females. Name male and female body parts using agreed words.	Penis Testicles Vagina Womb Family Fostering Adoption Relationship		<ul style="list-style-type: none"> Talk about the differences between male and female animals. Why do the different genders have different body parts and what are they used for? E.g. Why do cows have udders? Try and use the words in the vocabulary list and not substitute words as these often trivialise or demean what you are discussing.
Personal space.	To consider touch and to know that a person has the right to say what they like and dislike.	Identify different types of touch that people like and do not like. Understand personal space. Talk about ways of dealing with unwanted touch.			<ul style="list-style-type: none"> Talk to the children about how they feel when someone is too close to them and makes them feel uncomfortable. Ask what kind of touch they like and do not like. If the touch makes them feel unhappy, who would they talk to? Talk to the children about ‘The underpants rule’ (NSPCC website.)