

Week ONE Menu

WC: 28TH SEPT, 19TH OCT, 16TH NOV, 7TH DEC

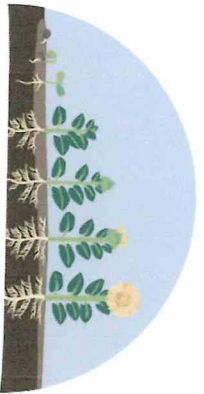
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL PORK SAUSAGE MASH & GRAVY	BBQ CHICKEN WITH RICE	ROAST GAMMON, ROAST POTATOES & GRAVY	BEEF LASAGNE	CHEESE & TOMATO PIZZA WITH CHIPS
VEGETARIAN SAUSAGE MASH & GRAVY	MACARONI CHEESE	ROAST VEGETABLE FRITTATA & ROAST POTATOES	VEGETARIAN LASAGNE	VEGETABLE FINGERS & CHIPS
JACKET POTATO/PASTA PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE
SIDE DISH A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES
DESSERTS FLAPJACK	BANANA TRAYBAKE	SHORTBREAD	CHOCOLATE BROWNIE	FRUITY FRIDAY



Week TWO Menu

WC: 5TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL BEEFBURGER IN A BUN WITH BAKED POTATO WEDGES	MILD CHICKEN CURRY & RICE	ROAST TURKEY, ROAST POTATOES & GRAVY	ALL DAY BREAKFAST – EGG, BEANS POTATOES, FRESH TOMATO WITH BACON	CHEESE & TOMATO PIZZA WITH CHIPS
VEGETARIAN SAUSAGE WITH BAKED POTATO WEDGES	BBQ VEGETABLE AND MIXED BEAN WRAP	CHEESE & BAKED BEAN PUFF, ROAST POTATOES	VEGETARIAN SPAGHETTI BOLEGNISE	VEGETABLE FINGERS & CHIPS
JACKET POTATO/PASTA PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE
SIDE DISH A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS APPLE CRUMBLE & CUSTARD	CINNAMON OATY COOKIE	VANILLA ICECREAM	JAM TART	FRUITY FRIDAY



Week THREE Menu

WC: 12TH OCT, 9TH NOV, 30TH NOV, 21ST DEC

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MEATBALLS IN TOMATO SAUCE WITH RICE	CHICKEN & SWEETCORN PIE WITH NEW POTATOES	ROAST CHICKEN with ROAST POTATOES & GRAVY	SPAGHETTI BOLEGNISE	CHEESE & TOMATO PIZZA & CHIPS
VEGETARIAN	VEGETARIAN MEATBALLS IN TOMATO SAUCE WITH RICE	PASTA SPIRALS WITH ROASTED VEGETABLES	SHEPHERDESS PIE	MIXED BEAN FAJITA	VEGETABLE NUGGETS & CHIPS
JACKET POTATO/PASTA	PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS OR CHEESE	PASTA with either CHEESE SAUCE OR TOMATO SAUCE
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES	A SELECTION OF SEASONAL VEGETABLES
DESSERTS	ICED LEMON SPONGE	ORANGE JELLY WITH MANDARINS	CHOCOLATE COOKIES	SULTANA OATY COOKIE	FRUITY FRIDAY



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FUEL FOR YOUNG MINDS

School Lunch menu

Our Menu

Our menus meet or exceed government food standards for

Food for Life Bronze which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

School meals do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat and are nut free.

For more information on the award please visit foodforlife.org.uk/schools

