



Curriculum Intent statement for the teaching and learning of Physical Education 2021/22

At St Martin De Porres Catholic Primary School, we are committed to providing our children with a curriculum that has a clear intention and impacts positively upon their needs.

Intent	PE at St Martin de Porres Catholic Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel individual's abilities in competitive sports and other physically-demanding activities. We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our children will have opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect. PE at St Martin's is an imperative element of the curriculum, which develops a need for healthy life styles, a balanced diet, positive growth mind-set and the resilience to persevere with activities that may be once have felt too difficult. We are passionate about the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.		
Underpinned by	High expectations	Modelling	Fluency
	We offer an inclusive system with a range of sports. Lessons are designed for all children to be successful by offering support and challenge in all lessons.	Teachers and coaching staff teach the skills needed to succeed in Physical Education providing high quality, engaging lessons and having high expectations. This includes clear demonstrations and opportunities for pupils to develop the skill to aid success.	The P E curriculum is often taught through PSHE and Science to embed the values of healthy living, the importance of exercise and a nutritious diet.
Implementation	Pupils at St Martin's participate in weekly high quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being for all pupils. Additionally, we have invested in additional coaching staff to provide guidance to staff on how to deliver high quality PE lessons and to engage pupils in extra curricular clubs. We also have a track to support all children in achieving their 30 minutes of moderate to vigorous daily activity.		

Impact

All pupils to develop a positive growth mindset to physical exercise, this will support a sustained commitment to health and wellbeing and develop a clear focus around lifelong participation. All pupils will develop exceptional levels of thinking skills, imagination and creativity through the support of teachers' delivery of high quality, engaging lessons. At St. Martin's we offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique and fully inclusive PE curriculum. We provide opportunities to pupils in Year 4 to learn how to stay safe, learn how to swim and water survival.