



Curriculum Intent statement for the teaching and learning of Physical Education 2023/24

At St Martin De Porres Primary School, we are committed to providing our children with a curriculum that has a clear intention and impacts positively upon their needs.

Intent	PE at St Martin de Porres Catholic Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel individual's abilities in competitive sports and other physically demanding activities. We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our children will have opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect. PE at St Martin's is an imperative element of the curriculum, which develops a need for healthy lifestyles, a balanced diet, positive growth mind-set and the resilience to persevere with activities that may be once have felt too difficult. We are passionate about the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.		
Underpinned by	High expectations	Modelling	Fluency
	We offer an inclusive system with a range of sports. Lessons are designed for all children to be successful by offering support and challenge in all lessons. During academic year 2021/22, we implemented a new curriculum scheme of work to promote a more consistent curriculum that builds on previous learning ensuring progress is made which is consistent and builds on previous skills learnt keeping in mind the balance of challenge, inclusion, and enjoyment.	Teachers and coaching staff teach the skills needed to succeed in Physical Education providing high quality, engaging lessons and having high expectations. This includes clear demonstrations and opportunities for pupils to develop the skill to aid success.	The P E curriculum is often taught through PSHE and Science to embed the values of healthy living, the importance of exercise and a nutritious diet.
Implementation	Pupils at St Martin's participate in weekly high-quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance, and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being for all pupils. At St Martin de Porres, we use part of our PE funding to employ professional coaching staff to support the delivery of PE alongside the new curriculum scheme with a mentoring programme provided for staff development. In addition to this, this gives us the fantastic opportunity to promote a range of sporting activities and clubs with target groups across the key stages which in turn promotes a sporting culture which is celebrated throughout the school. We also have a track to support all children in achieving their 30 minutes of moderate to vigorous daily activity. With the addition of a new trim trail in the KS1 playground and an outside gym area in KS2, this further provides opportunities for children to undertake physical activities during their own free time allowing ownership of their own physical development.		

Impact

All pupils to develop a positive growth mindset to physical exercise, this will support a sustained commitment to health and wellbeing and develop a clear focus around lifelong participation. All pupils will develop exceptional levels of thinking skills, imagination, and creativity through the support of teachers' delivery of high quality, engaging lessons. At St. Martin's we offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational, unique, and fully inclusive PE curriculum. We provide opportunities to pupils in Year 4 to learn how to stay safe, learn how to swim and water survival. By using the implemented resources, there is improved sporting and healthy lifestyle culture, and the children are aware of and are enthusiastic of this. This ensures an approach of: independence of selecting and using resources for physical activity; opportunities for engaging clubs and sporting activities at lunch time and after school; opportunities to get involved in competitive sports, both inside schools, within the curriculum and outside of school at festivals and events.