



Curriculum Intent statement for the teaching and learning of PSHE 2023/24

At St Martin De Porres Primary School, we are committed to providing our children with a curriculum that has a clear intention and impacts positively upon their needs.

Intent	<p>As a Catholic school, our mission is to provide an excellent Catholic education to all of the pupils in our school. Our aim is to educate the whole child: mind, body and spirit, and this is manifested with the Gospel values at the centre of everything we do. We believe that each person is made in the image of God and as such, has an equal right to an education which gives them lifelong skills and prepares them to take their place as part of a diverse society and live lives that are healthy, safe and responsible. Our PSHE curriculum aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. This is done not only through a comprehensive PSHE curriculum that focuses on specific aspects, but is threaded throughout all areas of our school.</p> <p>Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.</p>		
Underpinned by	High expectations	Modelling	Fluency
	All children are expected to succeed and make progress from their starting points.	All staff to provide a positive role model for children and demonstrate how to be a responsible member of society. Staff to teach the knowledge and skills using a range of age appropriate resources.	Children can respectfully express their own thoughts and opinions and consider those of others. Children have a secure understanding of the concepts taught within the three areas of PSHE.
Implementation	<p>Our PSHE curriculum is kept relevant and uses a spiral approach across all key stages which ensures themes are revisited developmentally. We plan our lessons by following the PSHE Association programme and national guidance to ensure that we comprehensively address both statutory and non-statutory aspects of PSHE to provide a challenging and engaging programme.</p> <p>In Early Years, PSHE is an integral part of the topic work covered throughout the year.</p> <p>PSHE is taught fortnightly in indiscreet lessons which will:</p> <ul style="list-style-type: none"> • Cover the three main areas of Health and Wellbeing, Relationships and Living in the Wider World • Teach explicitly about an issue (including Rights and the Law) • Teach explicitly how to manage an issue (developing resilience, strategies, language and skills) <p>Through the programme of study the children should have a good balance of these overarching concepts:</p> <ul style="list-style-type: none"> • Families and Friendships • Safe relationships • Respecting ourselves and others • Belonging to a community • Media Literacy and digital resilience • Money and work • Physical health and mental wellbeing • Growing and changing • Keeping safe 		

There are many other cross curricular opportunities where pupils are taught aspects of PSHE including:

- Whole school, key stage and class collective worship where children’s spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured
- RE – *religious and moral beliefs, values and practices across different faiths that influence personal and social issues and relationships, global responsibility*
- Science – *drugs (including medicines), sex and pregnancy, health, safety and the environment, healthy eating*
- RSE – *relationships, mutual respect, growing and changing, puberty, sex and pregnancy*
- PE – *Healthy eating, the effects of exercise on the mind and body, health and safety, development of personal and social skills through team and individual activities*
- Maths – *recognising and using money, counting and sharing*
- Computing – *internet safety*

Pupils are also involved in PSHE through:

- Pupil Voice
- School Council
- Faith Ambassadors
- Star of the Week
- Anti-bullying Week
- Before and After school clubs
- Visitors/celebration days in school/workshops
- Schools Linking Project
- Choir
- House points
- St Martin’s Feast Day celebrations
- Black History Month
- CAFOD
- Harvest collection
- World Mental Health Day
- Remembrance Day
- Road Safety Week
- Continents week

Across all year groups, children use the class floor book to record their responses to and progress in PSHE sessions. These books travel with the class as they move to the next year group so they can reflect on their learning and the next teacher can see the starting points.

Impact

As a result of PSHE in our schools, pupils will:

- Be able to communicate, demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Freedom to their daily lives
- Pupils will demonstrate a healthy outlook towards school – attendance and behaviour will be at least good
- Achieve at least age-related expectations across the wider curriculum
- Become independent, healthy, responsible and active members of society
- Be equipped with the knowledge, skills and attitudes needed for a successful and happy onward journey towards life and work in the modern world.