

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🌱 🍷 🍷	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🌱	Carrot, Orange and Sultana Slice 🌱	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌿 Served with Potato Wedges	Turkey Con Chilli 🌿 🍷 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🌿 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Sweet Potato Curry 🌱 🌿 🍷 Served with Wholegrain Rice	Macaroni Cheese 🌱	Cheesy Leek and Carrot Crumble 🌱 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🌿 🌱 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌿				
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard 🌱	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🌱	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌿 Served with Potato Wedges	Cottage Pie ❤️ Served with Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱 ❤️ Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌱 🌿 ❤️ Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🌱 🌿 ❤️ Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 ❤️ Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱 🌿 ❤️ Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌿				
	All main meals are served with two vegetables				
DESSERT	Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.