














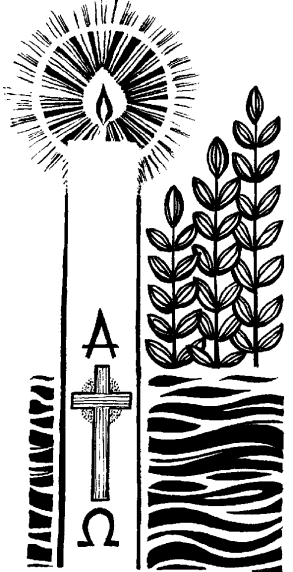





















2023 Count down to Easter. How are you going to prepare?

	February 26 th – 4 th March	March 5 th – 11 th March	March 12 th – March 18 th	March 19 th - March 25 th	March 26 th – April 1 st	April 2 nd - April 8 th	April 9 th
 Dear God Watch over us as we begin our Lenten journey	1 st Sunday of Lent  How many days are there in Lent?	2 nd Sunday of Lent  Share any worries you have with Jesus, our God and friend.	3 rd Sunday of Lent Light a candle for someone special. 	4 th Sunday of Lent Mothering Sunday. Do something nice for mum or Grandma today. 	5 th Sunday of Lent Find a quiet place to be and say a prayer for those who are sick, sad or lonely. 	PALM SUNDAY  Collect your palm at Mass What did the people shout as they waved their palms?	EASTER SUNDAY A very happy Easter 
	Monday 27 th Sunday's Gospel was Matthew 4:1-11 What is it encouraging us to do this week?	Monday 6 th Sunday's Gospel was Matthew 17:1-9. What is it encouraging us to do this week?	Monday 13 th Sunday's Gospel Was John 4:5-42. What is it encouraging us to do this week?	Monday 20 th Sunday's Gospel Was John 9:1-41. This was also the Feast of St Joseph. What is he the patron of?	Monday 27 th Sunday's Gospel was John 11:1-45. What is it encouraging us to do this week?	Monday 3 rd Sunday's Gospel The Palm Sunday Gospel was Matthew 21: 1-11. What is it encouraging us to do this week?	
Shrove Tuesday 21 st Pancake Day Time to write my Lenten promise. 	Tuesday 28 th What is your favourite food? In some parts of the world people don't have a choice. 	Tuesday 7 th Friends are loyal and kind. Make friends, don't break friends 	Tuesday 14 th Keep an eye out for someone who needs help today. 	Tuesday 21 st Write a Lent prayer. Include the words: pray, share, help, listen, Jesus. 	Tuesday 28 th Easter is nearly here. Start getting ready by making Easter cards for your family and friends. 	Tuesday 4 th Let us pray for peace today 	
Ash Wednesday 22 nd Why do we receive ashes today? 	Wednesday 1 st the Feast of St David . What does 'Dydd Gŵyl Dewi Hapus' mean? 	Wednesday 8 th You are special and loved by God. Be kind to everyone. 	Wednesday 15 th Spread some kindness. Share a smile 	Wednesday 22 nd Tell a family member three things you have learnt about Lent. 3	Wednesday 29 th As a family, pray the Our Father for children in need of help. What else can you do to help?	Wednesday 5 th Pray for friends and family who have died. 	
Thursday 23 rd Find out what the word 'Lent' means. 	Thursday 2 nd Say thank you for your families 	Thursday 9 th It is Spring Plant some seeds today. 	Thursday 16 th Tomorrow is the Feast of St Patrick Find out where St Patrick went to share God's love. 	Thursday 23 rd Tomorrow is the Feast of St Oscar Romero. Find out why he was made a saint. 	Thursday 30 th We are drawing closer to Holy Week. Find out why it's the most important week of the year.	Thursday 6 th MAUNDY THURSDAY Why do priests, including the Pope, wash the feet of others today? 	
Friday 24 th Pray and reflect on the first two Stations of the Cross. 	Friday 3 rd Pray and reflect on the 3rd and 4 th Stations of the Cross. 	Friday 10 th Pray and reflect on the 5 th and 6 th Stations of the Cross. 	Friday 17 th Pray and reflect on the 7 th and 8 th Stations of the Cross. 	Friday 24 th Pray and reflect on the 9 th and 10 th Stations of the Cross. 	Friday 31 st Pray and reflect on the 11 th and 12 th Stations of the Cross. 	Friday 7 th GOOD FRIDAY Kiss the Cross today  Jesus loves us more than we realise	

<p>Saturday 25th It's Lent so be ready to forgive.</p>	<p>Saturday 4th Why does the Church use the colour purple in Lent?</p>	<p>Saturday 11th 'Love one another as I have loved you.'</p>	<p>Saturday 18th Find out what the word 'sacrifice' means. What could you sacrifice for someone today?</p>	<p>Saturday 25th Today we honour the day that Jesus began to grow in Mary's womb. Ask Mary to pray for all mums-to-be.</p>	<p>Saturday 1st Ask a family member to help you discover why palms will be given out at church tomorrow.</p>	<p>Saturday 8th HOLY SATURDAY The Easter Candle is lit</p>	
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