

COVID-19:

An example risk assessment for Physical Education

St Martin de Porres Primary School

Approved by:	J Flynn	Date: 04.01.21
Last reviewed on:	18.12.20	
Next review due by:	02.04.21	

Introduction:

This risk assessment has been prepared, based on the DfE Guidance on the Full Opening of Schools in September 2020, to support the Physical Education, School Sport and Physical Activity (PESSPA) at St Martin de Porres Primary School.

We, at St Martin de Porres will regularly check the Government website (GOV.UK) for updates and adjust this risk assessment accordingly in consultation with our governing body.

Below are three key questions we have considered in this risk assessment:

- Have we reviewed our risk assessments to ensure the safety and wellbeing of all personnel?
- Does our teaching and learning meet Government guidance? www.gov.uk/coronavirus
- Are our teaching plans consistent with the requirement of whole school expectations, which have been developed in response to the national guidance?

Key principles for supporting safe PESSPA include:

- Keeping pupils in consistent groups
- Maximising distancing between pupils
- Prioritising outdoor PE
- Thoroughly cleaning PE equipment between each use by different individual groups
- Avoiding contact sports/activities
- Avoid wearing bibs and tags
- Create learning areas for individual year groups

We at St Martin de Porres ensure scrupulous attention is paid to cleaning and hygiene regimes before and after PE lessons or lunch/break time activities.

We also ensure clear notices are displayed around our school exemplifying NHS and Government Guidance.

At St Martin de Porres School we will regularly check the Government website for updates and adjust this risk assessment accordingly in consultation with our employer.

In addition, due to the constantly changing situation, dynamic risk assessments will be carried out and amended to reflect our school's specific controls on an ongoing basis.

CREATING AND MAINTAINING A SAFE CONTEXT FOR LEARNING	WHO AFFECTED? (STUDENT, STAFF, VISITOR)	CONTROL MEASURES TO REDUCE THE RISK TO AN ACCEPTABLE LEVEL	CHECKED BY: (SIGN AND DATE)
<p>Teaching and Learning</p>		<p>Pupils will be kept in consistent groups.</p> <p>All activities in Physical Education (PE) lessons and Physical Activity (PA) sessions will be non-contact and planned to ensure that distance is maximised between children.</p> <p>The PE curriculum will be revised and age related</p>	

		<p>expectations agreed by all staff.</p> <p>Our external coach will be checked in accordance with our H&S whole school policy and employed to support our extra-curricular activities.</p> <p>Interventions/catch up support will planned and delivered, if required.</p> <p>Staff and pupils with protected characteristics, especially disabilities, will be considered in planning and delivering Physical Education lessons and Physical Activity sessions.</p>	
<p>Protective Measures and Hygiene</p>		<p>Scrupulous attention will be paid to cleaning and hygiene. Each Key stage to be provided with the</p>	

		<p>appropriate PPE so that regular cleaning of PE equipment can be carried out at the end of each session. In addition to this, children and staff members to wash hands thoroughly before and after the PE session. It is the responsibility of the teacher or Higher-Level Teaching Assistant leading the session to enforce this. The PE Team must also ensure that any outside agents including Sports Coaches or Supply teachers are aware of this and adhere to these measures. The PE Team will monitor this and regularly check PPE is readily available and replenished whenever necessary. All staff should be vigilant and when PPE is low or missing, should contact</p>	
--	--	--	--

		<p>the PE Team immediately so PPE can be replaced/replenished.</p> <p>Clear signage reminding pupils to wash their hands will be displayed in all teaching areas and outdoor open spaces.</p> <p>Sufficient tissues and hand sanitisers will be made available to all staff in addition to bags to contain any used tissues and wipes.</p> <p>Movement around the PE areas/building will be considered to limit risks. For example, classroom layout, entry and exit points, staggered starts, break times, lunch arrangements and use of communal staff areas.</p>	
--	--	---	--

		<p>Checklist informing staff which equipment is out of use and highlighting specific cleaning time.</p>	
<p>Changing areas, clothing and footwear</p>		<p>Children will attend school wearing appropriate clothing and footwear to take part in Physical Education lessons and Physical Activity sessions.</p> <p>If changing areas are used, social distancing will be maintained and the areas cleaned after every lesson using the school's regular cleaning products especially if pupils have been sweating or are wet from rain. Particular attention will be given to high touch areas.</p> <p>Hand washing facilities are</p>	

		<p>present in the changing areas for staff and pupils to wash their hands before and after the PE lesson.</p> <p>Hand sanitiser will also be made available and utilized where needed.</p>	
<p>Teaching areas</p>		<p>Outdoor Physical Education and Physical Activity will be encouraged as much as possible.</p> <p>Pupils will take part in PE and PA with their class.</p> <p>The playground grids will be used as much as possible. Rubber spots for the early years and playground chalk may also be used to support the distancing of pupils.</p>	

		<p>Our external facilities will be used in line with government guidance.</p> <p>Clear signage, reminding pupils about distancing and washing their hands will be displayed in all teaching areas including outdoor open space.</p> <p>Clear boundaries indicating where PE lessons are taking place to prevent any crossovers with year groups.</p> <p>Engage in purposeful teaching of PE to ensure children are re-integrated and re-socialised.</p> <p>Ensuring there is no face to face teaching where possible.</p>	
--	--	---	--

<p>Equipment</p>		<p>Equipment will be cleaned between groups of pupils using it and locked away when not in use.</p> <p>Multiple groups are not permitted to use PE and outdoor equipment simultaneously.</p> <p>The sharing of equipment during PE lessons is limited, for example we encourage pupils to use their own tennis racquet or ball. If equipment is shared, pupils will wash their hands thoroughly before and after use. Strict hand hygiene will take place before and after every PE lesson.</p> <p>In the case of a positive outburst, ALL equipment to be deep cleaned. Responsible personnel to</p>	
-------------------------	--	--	--

		<p>undertake the deep-clean: PE Team/Lead, on-site cleaners. The above must be contacted in the first instance of a positive outbreak and SLT members to be informed as well. The equipment will then be quarantined in a suitable area for a minimum of 72 hours.</p> <p>Whistles, drink bottles, bibs and bands will not be shared.</p> <p>First-Aid kits will be made accessible and contain gloves, face masks and disposable aprons and eye protection.</p>	
--	--	--	--

St Martin de Porres is firmly committed to ensuring pupils can participate in purposeful Physical Education and Physical Activity at this time. Teaching Physical Education at the moment will not be like before, or the preferred model. However, by making adaptations we believe meaningful work can be undertaken; good planning, protective measures and social distancing will be applied consistently across our school.



We are also committed to ensuring that all staff are protected, feel safe and have access to the most up to date guidance.